



Importance of Physiotherapy in ASD

The developmental delays could possibly affect the children's gross and fine motor skills. The goals of physiotherapy to gather information from parents, clinical physicians and other multi-disciplinary team members. The role of the physiotherapist is to take care of autistic children with motor impairments in the body.

Issues with respiratory control and coordination level, improvement in posture, and addressing misalignment in the musculoskeletal system including chest wall deformities as well as foot and ankle misalignment issues.

Children with ASD have poor motor performance, hence it is recommend that early intervention programs focus on motor development.

Physiotherapists can stimulate the learning of functional motor skills to help the child compensate for motor skills disturbances.

Physiotherapy treatments and education to Children with ASD are important due to the motor related difficulties they encounter during their developmental stage. The treatments have been successful in improving and decreasing the severity level of their weak muscle control, which result in many other consequences when they grow up if left untreated.

Physiotherapists should engage in plays based therapy/exercise interventions, where they can teach the children to be confident and comfortable of their bodies.

This will lead to better outcome in the future for many children with ASD.